

# Program 1

BOYS										
	U/6	U/7	U/8	U/9	U/10	U/11	U/12	U/13	U/14	U15/17
1	70m	70m								
2			100m	100m	100m		100m	100m	100m	100m
3						200m				
4							400m	400m	400m	400m
5		300m		800m	800m	800m				
6							1500mW	1500mW	1500mW	1500mW
7			Shotput		Shotput	Shotput				
8		Discus					Discus	Discus		
9	Vortex			Turbo Jav					Javelin	Javelin
10	Long Jump		Long Jump		Long Jump	Long Jump	Triple Jump			
11				High Jump				High Jump	High Jump	High Jump

GIRLS										
	U/6	U/7	U/8	U/9	U/10	U/11	U/12	U/13	U/14	U15/17
1	70m	70m								
2			100m	100m	100m		100m	100m	100m	100m
3					200m	200m				
4							400m	400m	400m	400m
5		300m		800m	800m	800m				
6							1500mW	1500mW	1500mW	1500mW
7			Shotput				Shotput	Shotput		
8		Discus			Discus	Discus				Discus
9	Vortex			Turbo Jav					Javelin	
10	Long Jump		Long Jump			Triple Jump	Long Jump	Long Jump		Triple Jump
11				High Jump					High Jump	

# Program 2

BOYS										
	U/6	U/7	U/8	U/9	U/10	U/11	U/12	U/13	U/14	U15/17
1	60mH	60mH	60mH	60mH	60mH	80mH	80mH	80mH	90mH	100mH/110mH
2		200m		200m				200m	200m	200m
3					400m					
4			500m			1500m	1500m	1500m	1500m	1500m
5		Shot put							Shot put	Shot put
6	Discus			Discus						
7			Turbo Jav		Turbo Jav	Javelin	Javelin	Javelin		
8	Long jump			Long jump				Triple Jump	Long jump	Long jump
9					High Jump	High Jump	High Jump			

[illegible]

## Program 3

BOYS										
	U/6	U/7	U/8	U/9	U/10	U/11	U/12	U/13	U/14	U15/17
1	70m	70m	70m	70m	70m					
2	100m	100m				100m				
3			200m		200m		200m	200mH	200mH	300mH
4				400m		400m				
5							800m	800m	800m	800m
6				700mW	1100mW	1100mW				
7	Shot put			Shot put			Shot put	Shot put		
8			Discus		Discus	Discus			Discus	Discus
9		Vortex								
10		Long Jump				Triple Jump	Long Jump	Long Jump	Triple Jump	Triple Jump
11			High Jump							

GIRLS										
	U/6	U/7	U/8	U/9	U/10	U/11	U/12	U/13	U/14	U15/17
1	70m	70m	70m	70m	70m					
2	100m	100m				100m				
3			200m				200m	200mH	200mH	300mH
4				400m		400m				
5							800m	800m	800m	800m
6				700mW	1100mW	1100mW				
7	Shot put			Shot put					Shot put	Shot put
8			Discus							
9		Vortex			Turbo Jav	Javelin	Javelin	Javelin		
10		Long Jump							Long Jump	Long Jump
11			High Jump		High Jump	High Jump	High Jump	High Jump		