



TROPHY AWARD WINNERS

22/23 SUMMER SEASON





Each season Southern Districts presents a number of trophies and awards to our Clubs, Athletes & Volunteers.
Congratulations to our 22/23 season award winners.

BENNETT SHIELD

Awarded to a Club who has the highest overall total points. Congratulations to our 2022/23 winners **RANFORD**.

LEWIS TROPHY

Awarded to the Club who has the highest overall points for female athletes.
Congratulations to our 2022/23 winners **RANFORD**.

HUTCHINGS TROPHY

Awarded to the Club who has the highest overall points for male athletes.
Congratulations to our 2022/23 winners **QUEENS PARK**.

AUSTRALIA DAY TROPHY

Awarded to the Club with the highest points. A handicap system based on the results from the competition days immediately before and after the Australia Day long weekend. Congratulations to our 2022/23 winners **SOUTH PERTH**.

LIFE MEMBERS TROPHY

Awarded to the Club with the best consistency. A handicap system using total points divided by the number of competing athletes over the season. Congratulations to our 2022/23 winners **RANFORD**.

DOIG AWARDS - ATHLETE OF THE YEAR TROPHIES

Awarded to the male and female athletes who achieve the highest cumulative points overall for the season.
Congratulations to the following 2022/23 winners:

Doig Award Females:

Female Athlete of the Year: Scarlett Nunn (Ranford)
Runner Up: Marie Alexia Anquetil (Queens Park)
2nd Runner Up: Courtney Shelby (South Perth)
3rd Runner Up: Heidi Giltay (South Perth)
4th Runner Up: Emmanuella Ehioghae (Ranford)

Doig Award Males:

Male Athlete of the Year: Rory McDermott (Queens Park)
Runner Up: Luke Van Vuuren (Ranford)
2nd Runner Up: Michael Passeretto (Willetton Riverton)
3rd Runner Up: Jing Ming Chong (Willetton Riverton)
4th Runner Up: Bear Harrison (Queens Park)

ALLSOPP ENDEAVOUR AWARDS - Awarded to a male and a female athlete who the Executive Committee considers having shown courage and determination over the season. Congratulations to our 2022/23 winners **THUSINI GAMAGE** from Ranford and **ALEXANDER WU** from Willetton-Riverton..

VIC NOLAN TROPHY - Awarded to the male and female athletes who achieve the highest cumulative points for the season in the 800 m and 1500 m events. Congratulations to our 2022/23 winners:

Female: Scarlett Nunn (Ranford)

Male: Rory McDermott (Queens Park)

CAIULO MEDAL - Presented to any athlete who has continuously been an active member of the Centre from the youngest competing age group through to the oldest competing age groups without interruption. An active member is one who has regularly competed at events throughout the year and may be made up of any combination of both Winter and Summer Competitions. Congratulations to our 2022/23 recipients:

Cooper Hopkins (Queens Park)

AGE GROUP TROPHY

Awarded within age groups to the athletes with the highest points for each of track and field. If an athlete has the highest points for both track and field, he or she will receive only one (larger) trophy but can still be called the track and field champion for that age group.

Runners-up will receive a trophy. This will ensure a greater number of athletes are rewarded for their efforts as any combination of champion track and/or champion field and/or runner-up track and/or runner-up field is possible.

MOST IMPROVED TROPHY

Excludes age champion and/or runner up champion athletes. The most improved trophies are awarded within age groups to the athletes who achieve the most PBs over the season.

Under 6 Girls

Champion Track & Field: Jade Fortune (SPLAC)
Runner Up Track & Field: Harriet Sumner (SPLAC)
Most Improved: Ariya Rashid (QPLAC)

Under 7 Girls

Champion Track & Field: Heidi Bradshaw (WRLAC)
Runner Up Track & Field: Sophia Morgana (CVLAC)
Most Improved: Eden Tin (SPLAC)
Most Improved: Jazmine Barker (WRLAC)

Under 8 Girls

Champion Track: Gurnoor Kaur (QPLAC)
Champion Field & Runner Up Track: Elke Giltay (SPLAC)
Runner Up Field: Lilah Rebelo (RAC)
Most Improved: Sarah Paterson (RAC)
Most Improved: Samaya Fortune (SPLAC)

Under 9 Girls

Champion Track & Runner Up Field: Marie Alexia Anquetil (QPLAC)
Champion Field: Heidi Giltay (SPLAC)
Runner Up Track: Savannah Nunn (RAC)
Most Improved: Emily Teow (WRLAC)

Under 10 Girls

Champion Track & Field: Emmanuella Ehioghae (RAC)
Runner Up Track: Chelsea Lucas (RAC)
Runner Up Field: Vienna Rebelo (RAC)
Most Improved: Ashleigh Girgenti (QPLAC)

Under 11 Girls

Champion Track & Field: Scarlett Nunn (RAC)
Runner Up Track: Sienna Paterson (WRLAC)
Runner Up Field: Thusini Gamage (RAC)
Most Improved: Zara Self (SPLAC)

Under 12 Girls

Champion Track: Rio Foster (RAC)
Champion Field: Charlotte Ehioghae (RAC)
Runner Up Track & Field: Chloe Valikovs (CVLAC)
Most Improved: Charlotte Mondon (RAC)

Under 6 Boys

Champion Track: Emmett Lee (RAC)
Champion Field & Runner Up Track Dylan Gamage (RAC)
Runner Up Field: Joel McDougall (WRLAC)
Most Improved: James Openshaw (QPLAC)

Under 7 Boys

Champion Track: Aleksander Ousley (RAC)
Champion Field & Runner Up Track: Kallan Harper (CVLAC)
Runner Up Field: Isaac Wu (WRLAC)
Most Improved: Ishaan Andure (RAC)

Under 8 Boys

Champion Track & Runner Up Field: Bear Harrison (QPLAC)
Champion Field & Runner Up Track: Luke Van Vuuren (RAC)
Most Improved: Jing Rong Chong (WRLAC)

Under 9 Boys

Champion Track: Michael Kirby (WRLAC)
Champion Field: Jasiel Ionascu (QPLAC)
Runner Up Track: Mason Castledine (CVLAC)
Runner Up Field: Kirath Dhanjal (CVLAC)
Most Improved: Harry Skubisz (QPLAC)

Under 10 Boys

Champion Track & Runner Up Field: Eric Reuben Laverdure (QPLAC)
Champion Field: Carter Philips-Tairea (QPLAC)
Runner Up Track: Hunter Kwietniewski-Lees (SPLAC)
Most Improved: Jayden Jayakumar (RAC)

Under 11 Boys

Champion Track & Field: Rory McDermott (QPLAC)
Runner Up Track & Field: Jing Ming Chong (WRLAC)
Most Improved: Aston Bowen (SPLAC)

Under 12 Boys

Champion Track: Alexander Wu (WRLAC)
Champion Field: Ola Tade (SPLAC)
Runner Up Track & Field: Cole Lupica (QPLAC)
Most Improved: Alexis Guisset (SPLAC)

Under 13 Girls

Champion Track & Field: Chelsea Natta (RAC)
Runner Up Track: Alyssah Nunn (RAC)
Runner Up Field: Taylah Cox (QPLAC)
Most Improved: Charlotte Burgess (RAC)

Under 13 Boys

Champion Track & Field: Michael Passeretto (WRLAC)
Runner Up Track & Field: Christian Lewis (RAC)
Most Improved: Jacob Looker (RAC)

Under 14 Girls

Champion Track: Jayda Donegan (QPLAC)
Champion Field: Shia Jackson (CVLAC)
Runner Up Track & Field: Mary Massoud (QPLAC)
Most Improved: Gauri Shybu (QPLAC)

Under 14 Boys

Champion Track: Jet Barker (WRLAC)
Champion Field: Kade Carthew (CVLAC)
Runner Up Track: Paul Ehioghae (RAC)
Runner Up Field: Seth Del Caro (RAC)
Most Improved: Jaxon Shortland-Milani (WRLAC)

Under 15 Girls

Champion Track: Madeleine Pink (SPLAC)
Champion Field: Lauren Kelly (RAC)
Runner Up Track: Ava Natta (RAC)
Runner Up Field: Tahlia Pabai (QPLAC)
Most Improved: Saveesha Wickramasinghe (WRLAC)

Under 15 Boys

Champion Track & Runner Up Field: Zack Hatley (QPLAC)
Champion Field: James Vogels (QPLAC)
Runner Up Track: Sanula Elaahabada Gedara (WRLAC)
Most Improved: Jethro Butler (WRLAC)

Under 16 Girls

Champion Track & Field: Brianna Lucas (RAC)
Runner Up Track: Talia Naidoo (RAC)
Runner Up Field: Amy Passauer (QPLAC)

Under 16 Boys

Champion Track: Daniel Hutchins (QPLAC)
Champion Field & Runner Up Track: Declan Power (QPLAC)
Runner Up Field: Cole Tin (SPLAC)
Most Improved: Mitchell Hulm (QPLAC)

Under 17 Girls

Champion Track & Champion Field: Courtney Shelby (SPLAC)
Runner Up Track & Field: Katie Mann (QPLAC)

Under 17 Boys

Champion Track & Runner Up Field: Cooper Hopkins (QPLAC)
Champion Field & Runner Up Track: Nicholas Kelly (RAC)
Most Improved: Cohen Vescio (RAC)

How are our points awarded?

Southern Districts uses a program called ResultsHQ, which accumulates points for each athlete over the season for each event they have competed in. Points are not allocated for the Championships weekend. 100 points is the highest number of points that can be achieved in any one event by equalling or bettering the current record held at Southern Stars in that event. At the lower end of the point scale, one point is achieved in an event by being exactly 50% slower, lower or less far than the Centre Record.

An example is the U8 boys 100 metres race where the record is (say) 14.8 seconds. If that time was equalled or bettered, the child would get 100 points for the event. If the child recorded a time of 22.20 secs which is 50% slower than the record, the child would get one point for the event. If the child recorded a time between these two times, the points would be awarded on a sliding scale between 1 point and 100 points calculated by ResultsHQ. This method applies for all track events i.e. sprints, hurdles, middle distance and walks.

The system for field events is identical with the one point starting 50% below the field record. An example is the girls U12 long jump where the record is (say) 4.98 metres. If a child achieved or bettered that in competition, he or she would be awarded 100 points. 50% below the record (2.49 metres) would achieve one point. As for the track events, if the child recorded a distance between these two distances, the points would be given on a sliding scale between 1 point and 100 points calculated by ResultsHQ. This method applies for all field events i.e. throws and jumps.

For any event, for which the specifications have changed, e.g. Turbo Javelin to Vortex, the athlete will be given three quarters of the points they achieved for that event for the first two years. For example, U6 Vortex which has changed from Turbo Javelin, this is a new record so the athletes will be given 75 points rather than 100 points each time the record is beaten.

Service Awards

Congratulation to the following athletes who reached or exceeded 8 years of service:

Alyssah Nunn – Ranford
Lauren Kelly – Ranford
Jessica Hutchins – Queens Park
Maddison Philips Tairea – Queens Park
Brianna Jones – South Perth
Courtney Shelby – South Perth
Cooper Hopkins - Queens Park

The following volunteers have reached 5 years of service:

Rabin Naidoo – Ranford
Di Smith – Queens Park

Volunteer Service Awards 10 Years:

Simon Passauer (Canning Vale)
Tim Hopkins (Queens Park)
Justin Page (Ranford)
Rowan Jones (South Perth)

Volunteer Service Award 20 Years:

Lisa Hopkins (Queens Park)

Athletics West Volunteer Awards

As a centre we are also able to nominate a centre administrator and coach of the year as well as a Doug Hancy recipient and Junior Volunteer if applicable. This year our recipients are:

Centre Administrator of the year: **Cherie Burgess**
Centre Coach of the year: **Lisa Hopkins**
Official of the year: **Scott Shepard**
Junior Volunteer of the year: **Elijah Shortland-Milani**

