

2025-26 Athletics West Summer Season

Strive Program – A & B Schedule

	PROGRAM A	PROGRAM B
TRACK	5:45pm 2000m Steeple Chase 6:10pm Sprint Hurdles 6:45pm 400m 7:35pm 3000m RW 8:00pm 100m 8:30pm 1500m	6:00pm Long Hurdles 6:45pm 100m 7:15pm 800m 7:45pm 200m 8:30pm 3000m *5000m RW will be added for 24 Oct in preparation for WA All Schools*
FIELD	5:30pm Pole Vault (Division A) 5:45pm Hammer (M) 6:00pm Seated Throws 6:00pm Triple Jump (M) 6:00pm High Jump (W – Division B) 6:15pm Shot Put (W) 6:30pm Javelin (M) 7:30pm Triple Jump (W) 7:30pm High Jump (W – Division A) 8:00pm Discus (W)	5:30pm Pole Vault (Division B) 5:45pm Hammer (W) 6:00pm Long Jump (M) 6:00pm High Jump (M - Division B) 6:15pm Shot Put (M) 6:45pm Javelin (W) 7:30pm Long Jump (W) 7:30pm High Jump (M - Division A) 8:15pm Discus (M)

2025-26 Athletics West Summer Season

Strive Program – C & D Schedule

	PROGRAM C	PROGRAM D
TRACK	5:45pm 5000m RW 6:20pm 400m 7:05pm Sprint Hurdles 7:40pm 1500m 8:15pm 100m 8:45pm 3000m Steeplechase	6:00pm 60m 6:30pm 800m 7:05pm Long Hurdles 7:40pm 200m 8:20pm 5000m
FIELD	5:30pm Pole Vault (Division A) 5:45pm Discus (W) 6:00pm Seated Throws 6:00pm Triple Jump (W) 6:00pm High Jump (W – Division A) 6:45pm Javelin (M) 7:15pm Shot Put (W) 7:30pm Triple Jump (M) 7:30pm High Jump (W – Division B) 8:15pm Hammer (M)	5:30pm Pole Vault (Division B) 5:45pm Discus (M) 6:00pm Long Jump (W) 6:00pm High Jump (M - Division A) 7:00pm Javelin (W) 7:15pm Shot Put (M) 7:30pm Long Jump (M) 7:30pm High Jump (M - Division B) 8:30pm Hammer (W)

2025-26 Athletics West Summer Season

Strive Program – Saturday Schedules

	Saturday 24 JAN 26 - C	Saturday 31 JAN 26 - D	Saturday FEB 14 - A
TRACK	4:00pm 100m 4:30pm 3000m Steeplechase 4:55pm 400m 5:40pm 5000m RW 6:15pm 1500m 6:50pm Sprint Hurdles 7:25pm 5000 Open and U20 State Championships	4:00pm Long Hurdles 4:35pm 800m 5:10pm 60m State Championships (Heats) 5:50pm 5000m 6:15pm 200m 6:55pm 1500m 7:25pm 60m State Championships (Finals)	4:15pm 2000m Steeplechase 4:40pm Sprint Hurdles 5:15pm 400m 6:05pm 3000m RW 6:30pm 100m 7:00pm 3000m State Championships
FIELD	4:00pm Pole Vault 4:15pm Discus (W) 4:30pm Seated Throws 4:30pm Triple Jump (W) 4:30pm High Jump (W – Division A) 5:15pm Javelin (M) 5:45pm Shot Put (W) 6:00pm triple Jump (M) 6:00pm High Jump (W – Division B) 6:15pm Hammer (M)	4:00pm Pole Vault (Division B) 4:15pm Discus (M) 4:30pm Long Jump (W) 4:30pm High Jump (Division A) 5:30pm Javelin (W) 5:45pm Shot Put (M) 6:00pm Long Jump (M) 6:00pm High Jump (Division B) 7:00pm Hammer (W)	4:00pm Pole vault (Division A) 4:15pm Hammer (M) 4:30pm Seated Throws 4:30pm Triple Jump (M) 4:45pm High Jump (W – Division B) 4:45pm Shot Put (W) 5:00pm Javelin (M) 5:30pm Triple Jump (W) 5:45pm High Jump (W – Division A) 6:00pm Discus (W)