2026 - 2027

FIXTURE AND INFORMATION HANDBOOK



Mission Statement

We strive for the right balance between healthy competition and the love for, and participation in, all of the diverse events comprising little athletics. We aim to instil this balance into our athletes from a very young age with an emphasis on the pursuit of personal bests.

Southern Districts Little Athletics Centre Inc.
ABN 59 788 166 869

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CHAIRPERSON'S ADDRESS

Welcome to the Southern Districts Little Athletics Club (SDLAC) 2026/2027 competition season.

As we begin a new season, I would like to take a moment to reflect on the success of the 2025/2026 season. We recorded 307 registered athletes, slightly down on the previous season, achieved 4,882 personal bests, enjoyed exceptionally well-attended Centre Championships, saw multiple centre records broken, and celebrated strong performances by SDLAC athletes at State-level competitions.

On average, 77.5% of our athletes attended competition at Ern Clark each week. Thanks to the dedication of our volunteers and committee members, we successfully conducted every scheduled competition round, including events impacted by Western Power outages on Saturday mornings.

Last season also saw the introduction of the 60m sprint to our competition program, aligning our events more closely with State and National competition pathways. We proudly hosted our Coles Community Round, Christmas Dress-Up Round, Club March, Under-18 Farewell, and season wind-up celebration at Ern Clark, recognising both individual and club achievements.

Looking ahead, I am pleased to announce that SDLAC is full steam ahead for another exciting season. We have returned to five rounds of our competition program which will be completed over 14 weekends, including two extended programs. Our Centre Championships will again be conducted over two weekends using the same 2 week format.

We are also excited to introduce the inaugural SDLAC Combined Events Championships, which will be held on the eve of Australia Day 2027. Further details can be found later in this handbook.

As Chairperson, a few requests of members for the upcoming season:

1. **Committee Positions**
   We still have several committee vacancies to fill and will be advertising these positions via our social media channels. If you believe you can contribute and have relevant skills or experience, I encourage you to put your name forward.
2. **Parent Rosters**
   While these are managed by individual clubs, we ask all parents to contribute fairly to rostered duties wherever possible. These responsibilities often fall on too few individuals, and your support helps ensure our competitions run smoothly each week.
3. **Respect and Sportsmanship**
   SDLAC has a strong reputation for respect and positive behaviour, and I thank our athletes, parents and volunteers for maintaining these standards. As we commence another season, I encourage everyone to continue demonstrating the values outlined in the SDLAC Code of Conduct.

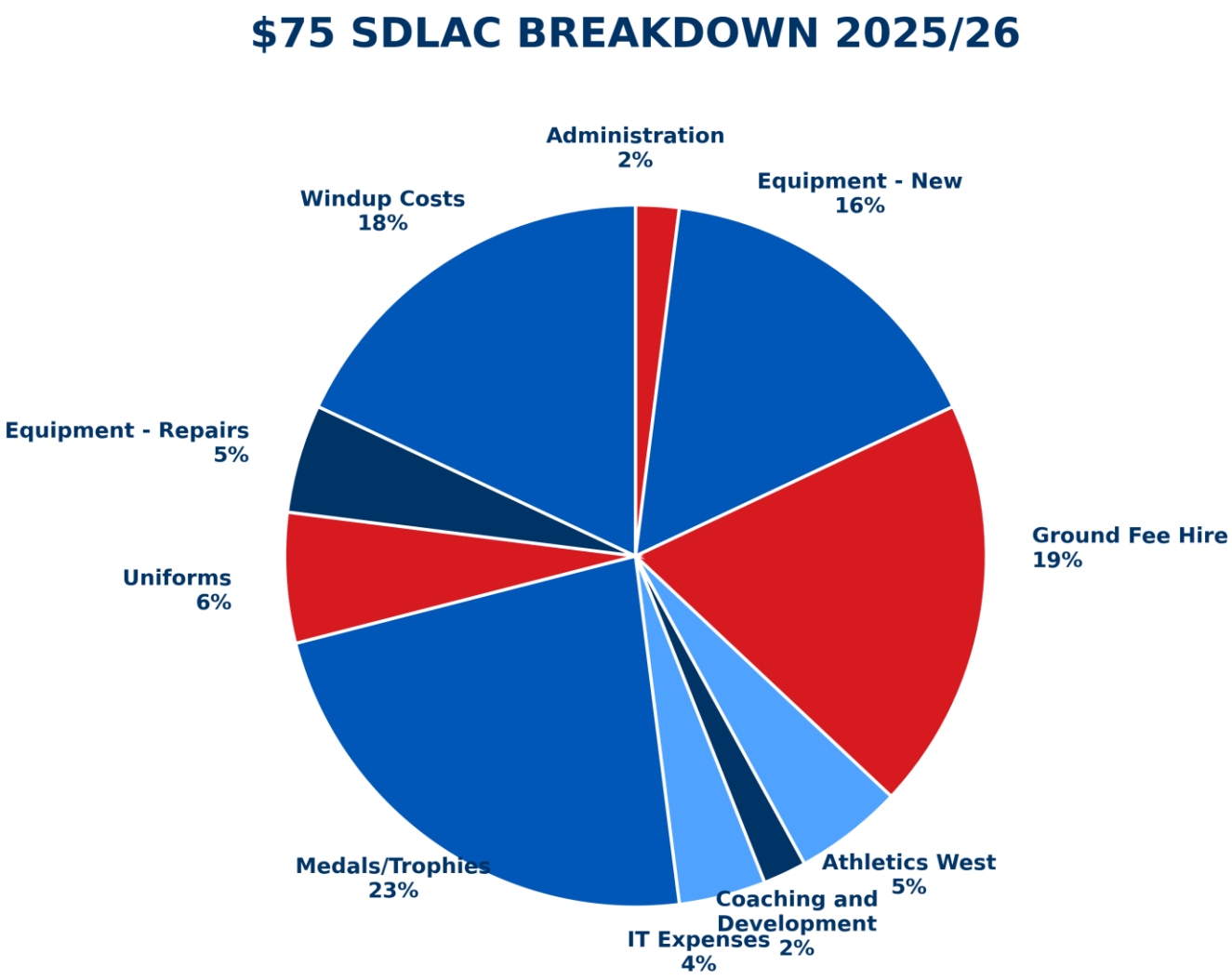
I wish all athletes and families registering for the 2026/2027 season every success and enjoyment throughout the year ahead. I look forward to seeing you all on the track.

Chris Prins

Chairperson

Southern Districts Little Athletics Club

FEE BREAKDOWN



COMPETITION DATES FOR SEASON 2026/2027

Day	Date	Time	Venue	Event
Sat	10/10/2026	7.30 AM	Ern Clark	SDLAC Program 1
Sat	17/10/2026	7.30 AM	Ern Clark	SDLAC Program 2
Sat	24/10/2026	7.30 AM	Ern Clark	SDLAC Program 3 March Pass + Captains + Winter
Sat	31/10/2026	7.30 AM	Ern Clark	SDLAC Program 1 (All Schools Weekend)
Sat	7/11/2026	7.30 AM	Ern Clark	SDLAC Program 2
Sat	14/11/2026	7.30 AM	Ern Clark	SDLAC Program 3 Coles Community Round
Sat	21/11/2026	7.30 AM	Ern Clark	SDLAC Program 1 (Combined Events Weekend)
Sat	28/11/2026	7.30 AM	Ern Clark	SDLAC Program 2
Sat	5/12/2026	7.30 AM	Ern Clark	SDLAC Program 3
Fri	12/11/2026	5.00PM	Ern Clark	SDLAC Program 1
Sat + Sun	12 + 13 Dec	7.30 AM	WAAS	State Relay Champs Event - Under 10+
Sat	19/12/2026	7.30 AM	Ern Clark	SDLAC Program 2
CHRISTMAS BREAK				
Sat	9/1/2027	7.30 AM	Ern Clark	SDLAC Program 3
Sat	16/1/2027	7.30 AM	Ern Clark	Ext Program 1
Sat	23/1/2027	7.30 AM	Ern Clark	Ext Program 2
Mon	25/1/2027	5.00 PM	Ern Clark	SDLAC Special Event - Combined Challenge
Sat + Sun	30 + 31 Jan	7.30 AM	WAAS	Coles Little Athletics Challenge U9 - U12
Sat	6/2/2027	7.30 AM	Ern Clark	Champs Day 1
Sat	13/2/2027	7.30 AM	Ern Clark	Champs Day 2
Fri	19/2/2026	TBA	WAAS	WA State Junior Championships U13 - U18
Sat	20/2/2026	TBA	WAAS	WA State Junior Championships
Sun	21/2/2026	TBA	WAAS	WA State Junior Championships
Sat	27/2/2026			Long Weekend
Sat	6/3/2026	TBA	WAAS	WA State Senior Championships
Sun	7/3/2026	TBA	WAAS	WA State Senior Championships
Sat	13/03/2026	TBA	TBA	SDLAC Wind Up

CLUB CANTEEN ROSTER – 2026/2027

Day	Date	Event	Canteen
Sat	10/10/2026	Regular Program 1	Canning Vale
Sat	17/10/2026	Regular Program 2	Willetton Riverton
Sat	24/10/2026	Regular Program 3	Canning Vale
Sat	31/10/2026	Regular Program 1	Ranford
Sat	7/11/2026	Regular Program 2	Queens Park
Sat	14/11/2026	Regular Program 3	Canning Vale
Sat	21/11/2026	Regular Program 1	Ranford
Sat	28/11/2026	Regular Program 2	Queens Park
Sat	5/12/2026	Regular Program 3	Willetton Riverton
Fri	11/12/2025	Regular Program 1	Canning Vale
Sat	19/12/2025	Regular Program 2	Queens Park
CHRISTMAS BREAK			
Sat	09/01/2027	Regular Program 3	Ranford
Sat	16/01/2027	Extended Program 1	Willetton Riverton
Sat	23/01/2027	Extended Program 2	Queens Park
Mon	25/01/2027	Special Event - Combined Challenge	
Sat	06/02/2027	Centre Championships Day 1	Ranford
Sat	13/02/2027	Centre Championships Day 2	Willetton Riverton

SPECTATOR HILL SEATING ORDER

Locations are rotated by one position each year. 2026/2027 allocation starting closest to the change rooms' end of the spectators grass hill are as follows:

- Queens Park
- South Perth
- Willetton-Riverton
- Canning Vale
- Ranford

EXECUTIVE COMMITTEE

CHAIRPERSON
Chris Prins
sdlac.chairperson@gmail.com

SECRETARY
John Warmington
sdlac.secretary@gmail.com

TREASURER
Cherie Burgess
sdlac.treasurer@gmail.com

REGISTRAR
Evi Quach
sdlac.registrar@gmail.com

RECORDS & RESULTS MANAGER
Christina Rebello
sdlac.results@gmail.com

CHAMPIONSHIPS OFFICER
Position Vacant
sdlac.champs@gmail.com

UNIFORM MANAGER
Beverlee Lee
sdlac.officials@gmail.com

DELEGATES to ASSOCIATION MEETINGS
Chris Prins
Cherie Burgess
John Warmington

PUBLICITY & WEB MANAGER
Stacy Hilderbrandt
sdlac.social@gmail.com

EQUIPMENT MANAGER
Alessio Morgana
sdlac.equipment@gmail.com

WINTER MANAGER
Position Vacant
sdlac.winters@gmail.com

SPONSORSHIP & EVENTS MANAGER
Position Vacant
sdlac.events@gmail.com

ARENA MANAGER
Peter Hoiles
sdlac.arena@gmail.com

OFFICIALS & DEVELOPMENT MANAGER
COACHING COORDINATOR
Beverlee Lee
sdlac.officials@gmail.com

MEMBER PROTECTION INFO OFFICER
Dawn Taraborrelli
sdlac.mpio@gmail.com

CLUB DETAILS AND CONTACTS

CANNING VALE

Uniform Colours
Top – Navy Blue with Blue Stripes
Bottom - Navy Blue

Contact
Alessio Morgana
Mobile: 0405 098 963
cvcomets@gmail.com

RANFORD

Uniform Colours
Top - Red and Navy with Navy trim
Bottom - Navy Blue

Contact
Beverlee Lee
Mobile: 0403 434 969
ranfordlac@gmail.com

WILLETTON-RIVERTON

Uniform Colours
Top – Green, navy and white
Bottom - Navy Blue

Contact
John Warmington
Mobile: 0419 929 832
rlacmanager@gmail.com

QUEENS PARK

Uniform Colours
Top - Gold and Navy with Navy trim
Bottom - Navy Blue

Contact
Rasha Reda
Mobile: 0406 514 497
qplac.rockets@gmail.com

SOUTH PERTH

Uniform Colours
Top – White and Navy with White trim
Bottom – Navy Blue

Contact
Nathan Sumner
Mobile: 0439 989 996
admin@southperthlac.org

SOUTHERN STARS (Centre)

Uniform Colours
Top – White with Navy stars and red star trail
Bottom – Navy Blue

Contact
Chris Prins
Mobile: 0427 513 714
sdlac.chairperson@gmail.com

STRUCTURE OF LITTLE ATHLETICS

In July 2020, Little Athletics WA and Athletics WA became Athletics West, forming one organisation with the common vision of enabling West Australians to engage with athletics in meaningful and positive ways, and offering opportunities for more people to become involved, and stay involved with our sport.

In August 2024, Athletics West Member Centres and Clubs voted in support of passing a resolution amending the Constitution, the result of which was that Athletics West no longer affiliate with Little Athletics Australia (LAA) and to only affiliate with Athletics Australia (AA) as the national governing body for athletics in Australia.

Despite this change, the Little Athletics WA Program will continue to be deliver by WA's network of Little Athletics Centres through training and competitions. The program is the perfect way for your kids to learn valuable life skills, make friends, improve their physical literacy for both all sports.

Centres

The Centre is the body who organise and conduct the weekly competitions for all athletes. SDLAC has an Executive Committee, who are elected at the Centre's Annual General Meeting, (held on an agreed date within 4 months after 31st March (as per Constitution)). With the exception of the AGM, meetings of the Executive Committee are to be held of each month during the summer season. Two delegates from each affiliated Club are invited to attend each general meeting.

For more information, please see the Centre Constitution.

Clubs

Each Club has a committee drawn up from parents of registered athletes and other interested persons. Each Club forms a part of, and is tied to, a particular Centre. The Committee arranges training sessions for their athletes, organises social activities and keeps Club members informed of forthcoming events.

For more information, please see the Centre Constitution.

PERSONAL ACCIDENT INSURANCE AND INJURY TO AN ATHLETE DURING TRAINING OR COMPETITION

Registered Little Athletes are covered by insurance when engaged in Little Athletics competitions, including club training sessions officially organised by or under the control of an affiliated Centre, Club or Little Athletics.

Voluntary workers and officials are also covered when performing voluntary work officially authorised by and under control of an affiliated Centre/Club or Little Athletics. **It is important to ensure you register your name on the sheets provided when officiating at Centre competitions**. **Failure to do so may prevent you from lodging a potential claim.**

Please ensure all athlete injuries sustained during training or while competing are immediately reported to your Club Manager. If an injury **has not** been reported immediately to a Club official, claiming for medical expenses incurred some weeks after an accident occurred can be very difficult.

Whilst covered by insurance at all competitions, a small excess is payable by the claimant. Claims must be lodged on the standard Little Athletics injury form no later than 30 days after the injury occurred and these forms must be handed to the Centre Executive Officer. Please note that the insurance does not cover the 'gap' between Medicare benefits and private health insurance. Full details of the insurance cover can be obtained from Little Athletics.

Your Club Manager may have the appropriate forms you are required to fill out. These forms are also available on the Little Athletics website. REMEMBER the responsibility for lodging the appropriate forms lies with you.

Tiny tots, the general public and athletes injured while climbing fences or trees are NOT covered for accidents.

REGISTRATION & AGE GROUPS

Little Athletics caters for boys and girls between the age categories of five (5) and seventeen (17). To assist with the registration process, the table below shows competition age groups based on year of birth. Age determination date for all athletes (31 Dec 2027) and is now aligned with Australian Athletics for all age groups.

2026/2027 Season – Age Groupings

Age	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Year	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010

For further details on registrations, visit www.athleticswest.com.au

CODES OF CONDUCT – THE TOP 5

All athletes, parents, spectators, coaches and officials (including those visiting from other Centres) are asked to respect our Code of Conduct. This is an extract from the full Little Athletics policy.

Little Athletes

- Participate in Little Athletics for the 'fun of it' and not just to please parents and coaches.
- Compete according to the rules, any form of cheating is unacceptable.
- Any approach to an Official should be in a courteous manner. Never argue with an Official.
- Be a good sport. Acknowledge all good results, whether they be by your Centre/Club, or another Centre/Club.
- Treat all athletes as you would like to be treated. Do not interfere with, bully or take unfair advantage of another athlete.

Parents

- Encourage children to participate if they are interested. However, if a child is not willing, do not force him or her. Children are involved in Little Athletics for their enjoyment, NOT yours.
- Focus upon the child's efforts rather than the overall outcome of the event. This assists the child in setting realistic goals related to his/her ability by reducing the emphasis on winning.
- Encourage athletes always to participate according to the rules.
- Recognise the value and importance of coaches and officials of whom the vast majority are volunteers.
- If you disagree with an official, raise the issue through the appropriate channels rather than questioning the Official's judgement and honesty, in public. Remember, Officials give their time and effort for your child's involvement.

Officials

- Officiate according to the rules and where subjective judgement is necessary decide on the basis of what is fair to all athletes.
- Be consistent, objective and courteous in calling all infractions.
- Commend honest effort not just performance excellence and condemn unsporting behaviour and promote respect for all opponents.
- Co-operate with other Officials to discourage improper conduct by spectators.
- Make a personal commitment to keep yourself informed of sound officiating principles and rule changes.

Coaches

- Be reasonable in your demands on athletes' time, energy and enthusiasm.
- Teach athletes the rules of the sport are mutual agreements which no one should evade or break.
- Avoid over-coaching the better performing athletes, all athletes deserve and need equal time.
- Remember children participate for fun and enjoyment and winning is only part of their motivation. Never ridicule or yell at children for making mistakes or losing an event.
- Ensure equipment and facilities meet safety standards and are appropriate to the age and ability of the athletes.

Spectators

- Keep to designated spectator areas and do not encroach on the arena or competition sites.
- Applaud good performances and efforts from each athlete. Congratulate all participants upon their performances regardless of the event outcome.
- Respect the Officials' decisions. If there is a disagreement, follow the appropriate procedure in order to question the decision and teach the athletes to do likewise.
- Condemn the use of violence, bad language and verbal abuse in any form, be it by spectators, coaches, officials or athletes.
- Demonstrate appropriate social behaviour by not harassing athletes, coaches or officials, smoking on the arena or being intoxicated.

Committee

- Protect the integrity of sport at all times by ensuring that the behaviour and conduct of every person is consistent with the laws of the game, the principles of fair play and the standards of safe and inclusive sport.
- Be impartial, consistent and transparent in your conduct and decision-making. Accept responsibility for your actions.
- Make decisions in the best interests of your members and the sport.
- Ensure that all members are made aware of their rights and responsibilities under the appropriate legislation including: Member Protection Policy, Code of Conduct, Child Safe Policy and Anti-discrimination Policy, and know the process by which to refer a complaint or breach.
- Ensure that all players, coaches, officials, parents and spectators place wellbeing and enjoyment ahead of performance and outcomes.

The full Little Athletics Code of Conduct can be found here –
https://www.athleticswest.com.au/about/la-policies/

SAFEGUARDING AND CHILD PROTECTION

Athletics West is committed to supporting their Member Centres and Clubs to provide child safe environments for all Members within the Little Athletics programs. As a programme solely for participation by members under the age of 18-years-old, Athletics West has a strong mandate to ensure its Safeguarding and Child Protection strategies are adhered to, for the support and protection of all involved from athletes and parents to committee members, coaches and other volunteers.

SDLAC is committed to following the *National Principles for Child Safe Organisations*

1. Child safety and wellbeing is embedded in organisational leadership, governance and culture.
2. Children and young people are informed about their rights, participate in decisions affecting them and are taken seriously.
3. Families and communities are informed and involved in promoting child safety and wellbeing.
4. Equity is upheld and diverse needs respected in policy and practice.
5. People working with children and young people are suitable and supported to reflect child safety and wellbeing values in practice.
6. Processes to respond to complaints and concerns are child focused.
7. Staff and volunteers are equipped with the knowledge, skills and awareness to keep children and young people safe through ongoing education and training.
8. Physical and online environments promote safetyand wellbeing while minimising the opportunity for children and young people to be harmed.
9. Implementation of the national child safe principles is regularly reviewed and improved.
10. Policies and procedures document how the organisation is safe for children and young people.

Where and as required, Centre and Club Committee members, volunteers, coaches and officials must supply proof of a Working with Children Check or National Police Clearance. These are kept on a register and reviewed annually.

For more information on safeguarding and child protection please visit:
https://www.athleticswest.com.au/about/la-safeguarding/

MEMBER PROTECTION INFORMATION OFFICER (MPIO)

MPIOs are the first point of call for inquiries, complaints or concerns about harassment, abuse or discrimination in an organisation or club. They provide information about a person's rights, responsibilities and options when managing an issue or complaint, and provide advice about the Member Protection Policy of a sport. Each club is encouraged to have an MPIO for club queries and concerns. Should you wish to speak with the Centre's MPIO, please email sdlac.mpio@gmail.com

REGULATIONS FOR CENTRE COMPETITION

General

1. All athletes must be registered with a Club affiliated with the Southern Districts Little Athletics Centre (SDLAC). Visiting athletes may compete subject to the approval of the Arena Manager.

2. Programmed events can be amended or cancelled at the discretion of the Arena Manager.

3. Competition MAY NOT commence until a qualified First Aid Officer is in attendance.

Competition Uniform

4. Correct uniform (including footwear) must be worn, or an athlete will be excluded from participating. A period of 2 weeks grace will be allowed at the commencement of the season for athletes competing with incorrect club uniform. Beyond this period athletes will receive a single warning and their registration number recorded in the Arena Manager's book and their Club Manager advised. Any subsequent breach by the same athlete will result in them being excluded from competition until the correct uniform is worn. If mitigating circumstances exist, athletes may compete out of uniform subject to the approval of the Arena Manager. Cultural exemptions do apply, please contact your Club Manager.

5. Unless otherwise advised, when athletes represent the Centre, a Southern Stars uniform must be worn. These can be obtained from our Centre Uniform Co-ordinator.

6. All athletes must wear the correct Club uniform with the sponsors registration number affixed to the shirt / singlet / leotard. The registration number is to be placed at the centre-front of the competition shirt / singlet / leotard, over the chest. **Loss of your registration number will incur a replacement cost.**



7. Plain, navy blue shorts must be worn, and they must finish above the knee. No coloured stitching or large logos are allowed.

8. There are no specifications on socks, however, knee high socks are **NOT** to go over the knees and impede the ability to effectively judge Walking events.

9. Logos no larger than a matchbox are permitted on garments.

10. **Shoes** are compulsory for all age groups in all events run by the Centre and Little Athletics.

11. Only "**Christmas Tree"** and **"Pyramid" spikes** are to be worn at the Ern Clark Athletic Centre. The use of spikes is optional, though they may only be worn in the age groups and events listed below:

U7 to U11 Age Groups - Spikes are not permitted for any event (this includes shoes capable of taking spikes).

U12 to U13 – May wear spiked shoes for Hurdles, 100m, 200m, 400m, Javelin, Long and Triple Jumps and High Jump.

U14 to U18 – May wear spiked shoes for Hurdles, 100m, 200m, 400m, 800m, 1500m, High Jump, Javelin, Long and Triple Jumps.

Shoes will carry a maximum needle spike length of **7mm** for synthetic track, **9mm** for synthetic field (Javelin, Long and Triple) and **12mm** for grass (running and jumping).

The maximum number of spikes allowed per shoe is seven (7).

Spikes are **NOT** to be used in high jump events onto the 100mm "scissors" mat or in long and triple jump events where the half metre square mat is used. Shoes capable of taking spikes cannot be worn if blanks are inserted.

Please refer to Little Athletics Specifications for the rules for Spikes in Relay Events or contact the Championships Officer for further clarification.

Use of spikes in the arena will be monitored during the season with regards to the safety of younger competitors competing in close proximity.

The code of safety for the wearing of spikes must be adhered to at all times.

Code of Safety for the wearing of Spiked Shoes

Spiked shoes should be donned prior to the start of a race only at the starting end of that event.

Spiked shoes should be carried with the spikes of each shoe (soles) facing one another, in order to prevent risk of accidental injury.

At the completion of a track event, spiked shoes must be ***REMOVED IMMEDIATELY*** and carried (spikes facing one another) before the athlete moves from the track. When not in use spiked shoes should be safely placed in a suitable bag and stored safely.

Any athlete who does not exercise care when using spikes may be disqualified by the Arena Manager from the event and also from the wearing of spiked shoes for the remainder of the meeting.

Starting Blocks

12. Starting blocks may be used by the U12 – U18 age groups in lane-events, [i.e., all races up to and including the 400 metres (including the first leg of all relays)]. Blocks shall be entirely rigid in construction and shall give no unfair advantage to the athlete. Spikes for blocks must not exceed 15 mm with a maximum of 10 per set. The Start Marshall will check all blocks.

Personal starting blocks are not permitted where starting blocks are provided either by the venue or the Organising Committee for the Competition.

This rule will not apply where it contravenes any rule(s) made by the Venue Manager on the use of starting blocks. Any advice issued by the Venue Manager must be in writing on an official letterhead.

During Competition

13. All athletes will remain in their own age groups and genders as registered.

14. All athletes must report to the marshalling area before the commencement of events when instructed by the announcer. Athletes arriving after the start of an event may not be allowed to participate in the event concerned unless authorised by the Key Official or Start Marshall.

15. All protests must be lodged by the Club Manager in writing, accompanied by a fee of $50, to the Arena Manager. The Protest Committee shall consist of the Arena Manager, Championships Officer or Officials & Development Manager and one (1) other Executive Committee member. The protest committee will deal with the complaint on the day, and if found to be frivolous, the fee will be forfeited. The decision handed down by the Protest Committee will be final.

16. Athletes **MUST** at all times walk around the track and not cut across the track and centre of the arena to get to the opposite side. They may only cross the track at designated places to get to the field site. Athletes must WALK on concrete surfaces. Athletes **MUST NOT** jump the fences under any circumstances.

17. Unless competing in an event or acting as an official**, NO CHILD OR ADULT IS ALLOWED ON THE CENTRE ARENA DURING COMPETITION**, other than for the tiny tots races.

Misbehaviour

18. Misbehaviour before or during a track or field event, may result in an athlete or athletes being excluded from the event, by the Key Official, Chief Walks Judge or Start Marshall and reported to the Arena Manager.

19. Misbehaviour anytime at the Centre may result in an athlete or athletes being suspended from the Centre for a period of time to be decided by the Protest Committee of the day.

    For more information, please review the Little Athletics Code of Conduct.

Track Events

20. The walks (700m, 1100m and 1500m) and runs (300m, 500m and 1500m) all start from an appropriate start line, and lanes will not be used. Any athlete who cuts in too sharply or causes interference to others may be disqualified. **Note** The 300m runs are Centre Events only.

21. On completion of a lane-event, athletes must stay in the lane allocated to them and face the judges. When instructed, they then report to the end of track recorder.

22. Athletes who do not participate correctly during the walking races (deliberately walking in slow motion, walking backwards etc) **can be disqualified** from the event and removed from the track by the Chief Walk Judge or the Arena Manager **and NO APPEAL will be allowed**. All walking races will include a cut off time that is equal to, or greater than, the minimum time required to qualify for 1 point as at the start of the season as recorded below. At this time the event shall be considered complete, a buzzer/horn shall be sounded and athletes that have not yet reached the final 100 metre mark will be escorted to end of track. Those on the final 100 metre section will be allowed to continue the race. All athletes that have not finished the race at the cut off time, if not disqualified, will be allocated the cut off time as their event result. The cut off times per event are as follows:
    - 700mw: 5 minutes 40 seconds
    - 1100mw: 8 minutes 40 seconds
    - 1500mw: 11 minutes flat

Field Events

23. Number of Trials.
SDLAC Competitions, Little Athletics Field Relay Championships and State Multi Event Championships:
In all field events, except for high jump, each competitor shall be allowed three trials and no competitor is allowed to have more than one trial recorded in any one round of the competition.

Officials

24. Each club is to supply Key Officials and Site Officials as allocated. Officials are to set up equipment prior to commencement of competition and return equipment upon completion of competition.

25. For insurance purposes, **ALL Officials names MUST be listed on the specific events sheets,** signed by the KO and given to the Results office at end of event, **OR you must sign in on the centre duty register at Announcing for that date**.

26. Programmed events can be amended or cancelled, due to unforeseeable circumstances.

Other Regulations

27. Pre-requisite to qualify for centre Championships:
Athletes qualify for an event at Centre Championships by competing in THAT event in the current season, at least three (3) times prior to the weekend of the Centre Championships, regardless of whether they have successfully completed THAT event or not. This applies to all age groups competing at SDLAC. Athletes must nominate for the events they wish to compete in across the entire Championships which has been limited for the following age groups:
Under 11 and Under 12 - 7 events
Under 13 – Under 16 - 8 events
Please note the Executive Committee may vote to amend this regulation for all age groups.

These regulations are to be read in conjunction with Little Athletics' Rules for Competition and SDLAC By-Laws.

Points System

SDLAC uses a program called ResultsHQ, which accumulates points for each athlete over the season for each event they have competed in.

100 points is the highest number of points that can be achieved in any one event by equalling or bettering the current record held at SDLAC in that event. At the lower end of the point scale, one point is achieved in an event by being exactly 50% slower, lower or less distance than the Centre Record.

An example is the U8 Boys 100m race where the record is (say) 14.8 seconds. If that time was equalled or bettered, the child would get 100 points for the event. If the child recorded a time of 22.20 secs which is 50% slower than the record, the child would get one point for the event. If the child recorded a time between these two times, the points would be awarded on a sliding scale between 1 point and 100 points calculated by ResultsHQ. This method applies for all track events i.e., sprints, hurdles, middle distance and walks.

The system for field events is identical with the one point starting 50% below the field record. An example is the girls U12 long jump where the record is (say) 4.98 metres. If a child achieved or bettered that in competition, he or she would be awarded 100 points. 50% below the record (2.49 metres) would achieve one point. As for the track events, if the child recorded a distance between these two distances, the points would be given on a sliding scale between 1 point and 100 points calculated by ResultsHQ. This method applies for all field events *i.e.*, throws and jumps.

For any event, for which the specifications have changed *e.g.,* Turbo Javelin to Vortex, the athlete will be given three quarters of the points they achieved for that event for the first **two years**. For example, U6 Vortex

which has changed from Turbo Javelin, this is a new record so the athletes will be given 75 points rather than 100 points each time the record is beaten.

Site Allocation Policy

The SDLAC Committee allocate out duties to the various clubs on a season by season basis. At a high level this takes the following into account:

1) Number of athletes registered to each club
2) History of site allocations for duty for each club
3) Level of difficulty of the duties associated with each site.

The site duty allocations are undertaken to ensure the effective running of the centre while also ensuring that the allocations are done in a fair and equitable fashion to the clubs.

Safety

For the safety of all members of the Centre, we request that you consider the safety of yourself and others. Please adhere to the following:

- Remember to warm up and warm down properly to avoid injury.
- Should any injury occur, SDLAC has a First Aid room with a First Aid Officer on duty during competition. The First Aid Officer is required to keep records of all injuries treated.
- Only cross the track when authorised to do so and only cross at the designated places.
- Remember to wear sunscreen and, when not competing, a hat, preferably with a broad brim.
- Remember to drink lots of water to stay hydrated.
- Don't jump the fences; use the gates at all times.
- Children should not climb the trees and should always stay within the grounds unless accompanied by a parent or carer.

No Dogs Policy

Dogs will not be permitted inside the fenced area of Ern Clark Athletics Centre. The only exception being official Guide or Assistance dogs.

No Smoking Policy

Athletics understands the harmful effects of smoking on health, fitness and performance in sport, and as a result has adopted the following Policy:

Athletes/Participants are reminded that smoking adversely affects performances and are prohibited from smoking at all whilst engaged in Little Athletics activities.

Premises and competition areas should be declared smoke free zones - smoking permitted only where a special smoking area is designated.

Coaches and Officials are reminded of their responsibilities as role models particularly with juniors and are asked to refrain from smoking whilst associated with our sport.

Spectators are reminded smoking is inappropriate behaviour in a sporting environment and are asked to respect our Smoking Policy.

MAGIC MULTI'S (SDLAC Combined Championships)

DATE: Monday 25th January 2027

VENUE: Ern Clark Athletics Centre

Combined event for all age groups utilising the Alberta Youth scoring method.

Athletes will compete across multiple events depending on their age group:

Under 7	3 Events
Under 8-10	4 Events
Under 11+	5 Events

Athletes will be required to attempt all events to be eligible for a final points total and be eligible to win a medal.

Medals will be awarded to the top three points getters in each age group.

More information to come.

STATE CHAMPIONSHIPS

State Combined Event Championships (Multi's)
DATE: Saturday 21st & Sunday 22nd November 2026
VENUE: WA ATHLETICS STADIUM

GENERAL INFORMATION
The combined event is a Championship Event for Little Athletics and Senior Members across the combined events discipline (pentathlon, heptathlon, decathlon). All information regarding this event can be found by visiting the Athletics West website.

Selection
There will be unlimited entries from each Centre, but only the top five points tally will be taken into account for the overall trophy. There is no qualification criteria to enter this event.

The competition is open to the U12 to U18 age groups. SDLAC are not involved in the organisation of this event and parents and athletes are responsible for registration, fulfillment of duties and other associated tasks as required.

Entry
Athletics West will advise opening and closing entry dates on their website. **Entry Fee:** to be paid by nominating athlete. Entry is open to all Little Athletics and Strive members as per the following age groups

Little Athletics Championship Events
Entries will be open to Little Athletics Members in the Under 12 - Under 18 age groups. Please note this is a combined events competition, meaning athletes must compete in all events with the pentathlon/heptathlon. Competition events will be held as prescribed by the Rules of Competition.

Uniform
Athletes are required to wear full SDLAC uniform including bibs.

WA State Relay Championships
DATE: Saturday 12th & Sunday 13th December 2026
VENUE: WA ATHLETICS STADIUM

General

Little Athletics Track Events:

Athletes in the Under 7 to Under 18 age groups may participate:

All information regarding this event can be found by visiting the Athletics West website.

Selection

Co-ordination of the selection of athletes for the Relay Squads will be co-ordinated by the Centre's Championships Officer. The entry will be completed by the centre, no individual entries are permitted.

Uniform

Athletes are required to wear full SDLAC uniform (SDLAC tops and registration numbers)

Coaches

Parents are required to nominate to coach teams for the State Track and Field Relays to support their children. The Championship officer will issue details.

Announcement of Squads and Teams

The SDLAC Championship Officer will announce details for this season's processes and expectations in relation to the squad selection process, Relay Coaches, and parent involvement prior to the state relay squad selection.

Any athlete can nominate for track team only, field team only or nominate for consideration to be included in either the track or field team. *Any athlete chosen for a track relay team cannot also be a member of a field relay team*.

Track The criteria used for selecting members of the track relay squad are:

a) To be selected in a Training Squad by the coach, each athlete must have recorded a time considered suitable in a relevant event before the finalisation of squads. Athletes shall be picked based on their personal best times run at Centre level, not at other events before the date of selection.

b) An athlete must train with the squad on the nominated training dates determined by the coach. Athletes who do not attend an organised training session without a legitimate reason may be dropped from the Relay Training Squad.

c) The Relay Coach decides which athletes are selected for the Relay Team and runs in each event based on times, baton changeovers and team balance. This may result in the fastest four runners not always being chosen.

Field Athletes shall be chosen on their personal best distances achieved at Centre level before the date of selection. Teams will comprise of between two and four athletes, with no one athlete competing in more than three events.

Fuel to Go & Play Coles Little Athletics WA Challenge
DATE: Saturday 30th - Sunday 31st January 2027
VENUE: WA ATHLETICS STADIUM

About
A fun, participation-focused two-day event giving young athletes the opportunity to compete against athletes from other Centres at the WA Athletics Stadium, while chasing personal bests, earning PB ribbons and points for their Centre. This is a PB Challenge, with achievements recognised through PB ribbons rather than medals.

Who can compete:
U7–U12 athletes (born 2016 to 2021)

UNIFORM
Athletes are required to wear full SDLAC uniform (Registration number included)

Parents of all athletes competing at this meet MUST be available to help on sites as requested by the Centre Championships Officer as directed by Athletics West.

QUALIFICATION STANDARDS
These will be made available on the Athletics West website.

More information to come:
https://www.athleticswest.com.au/events/374325

WA State Junior Championships U13 - U18
DATE: Friday 19th , Saturday 20th & Sunday 21st February 2027
VENUE: WA Athletics Stadium

About the event:
The major championship event of the season for junior athletes, bringing together athletes from across WA to compete in their chosen track and field events for State titles and medals. The 2026-27 WA State Junior Track & Field Championships are the pinnacle event for Under 13 to Under 18 WA Athletes. It is the state's qualifying event for the Australian Athletics Junior Championships.

ENTRY
Entry is open to all Little Athletics and Strive members within the following age groups.

Year of Birth	Age Group (Able-Bodied)
Born 2015	Under 13
Born 2014	Under 14
Born 2013	Under 15
Born 2012	Under 16
Born 2011	Under 17
Born 2010	Under 18

SELECTION
U13 to U18 athletes born in 2015 or earlier. There are no qualification criteria for members to enter this event

UNIFORM
Athletes are required to wear full SDLAC uniform (Registration numbers included)

Athletics West will be enforcing the recent World Athletics Shoe Ruling for Open & Under 20 athletes.
Click here for the current list of shoes deemed approved by World Athletics. Please complete the online Shoe declaration here.

National Progression
This event is the qualification event for the Australian Track & Field Championships. The top 3 athletes in each age group per event will qualify for the WA State Team. Additionally, athletes who do not finish top 3, can qualify by entry standard for the Australian Championships. Entry standards have been released by Athletics Australia and further information will be provided in the Selection Criteria.

PARENTAL PARTICIPATION
Parents of all athletes competing at this meet MUST be available to help on sites as requested by the Centre Championships Officer as directed by Athletics West.

IF A PARENT FAILS TO COMPLETE REQUIRED DUTIES THEIR CHILD(REN) MAY BE WITHDRAWN FROM THE MEET

THE CENTRE EXECUTIVE COMMITTEE RESERVES THE RIGHT NOT TO NOMINATE THE ATHLETE/S IN FUTURE LITTLE ATHLETICS EVENTS

Event Page:
https://www.athleticswest.com.au/events/374335

WA State Senior Championships
DATE: Saturday 6th March & Sunday 7th March 2027
VENUE: WA Athletics Stadium

Who can compete:
Open and U20 Athletics West members, with no qualification standard required. Eligible U13–U18 athletes may also compete where they have achieved the relevant Australian Athletics Open or U20 qualification standard.

About the event:
WA's premier championship event for senior athletics, bringing together U20 and Open athletes to compete across track and field events for State titles and medals.

Event Page:
https://www.athleticswest.com.au/events/374343

FURTHER INFORMATION
If you have any queries regarding the competition, please contact Athletics West office admin@athleticswest.com.au (08) 6272 0480.

WINTER COMPETITION

All athletes are reminded that there is an 'All Centre' Winter Competition available for age groups (as listed below for Cross Country Runs and Road Walks with distances). The competition is conducted jointly by host Centres and Athletics West every Saturday afternoon throughout winter, alternating each week between cross-country running and road walking. The season runs from May to August.

Athletes registered at the start of the summer season are able to compete in the Winter Competition. There is a reduced registration fee for athletes registering for the winter season only. Towards the end of the summer competition Athletics West releases a Winter Program, which will be available on the Athletics West website prior to the start of the winter season.

Competitions (Cross Country and Road Walks), over courses at different venues, will be organised in accordance with the Athletics West program.

At the conclusion of the season, SDLAC awards trophies based on a point accrued system, excluding state finals. Cross Country trophies to the Overall Champion Boy and Girl, as well as various Runner-Ups depending on participation numbers. Walks trophies are presented to the Overall Champion Boy and Girl depending on participation numbers.

In the past our Centre has enjoyed considerable success in the Winter Competition. To maintain our success, we encourage those athletes who have not taken part in previous winter competitions to give it a go. Information regarding the Winter Competition is available on the SDLAC and Athletics West websites or by contacting the Winter Officer.

Competition Distances

Cross Country Running		**Road Walking**	
U7 - U8	1000m	U9	1000m
U9 - U10	1500m	U10 - U11	1500m
U11 - U12	2000m	U12 - U17	2000m
U13 - U17	3000m		

Winter Uniform

U10 and above SDLAC shirt with navy shorts. Each athlete must have their age group and registration number attached to their top. U7, U8 and U9 athletes may compete in their club uniform. Shoes must be worn in all winter competitions.

For road walks only, a bib with number will be supplied by Athletics West and this must be worn.
For full details regarding winter competition rules and procedures, please refer to the Winter Program 2027 (available prior to the commencement of the winter season on the Athletics West website).

Life Members

Mrs Pat Lewis *(Dec.)*
Mr Bob Fisher (*Dec*.)
Mrs Maureen Green
Mrs Ronys Horn
Mrs Bernice Preston
Mr Peter Cobby
Mrs Kim Doig
Mr Murray Doig *(Dec.)*
Mrs Marion Boswell
Dr Brian Boswell
Mrs Sonia Tingay
Mr John Bissett
Mrs Dolores Bissett
Mr Bill Allsopp (*Dec*.)
Mrs Betty Allsopp
Mr Tony Hutchings (*Dec*.)
Mr Barry O'Sullivan
Mr Franc Caiulo
Mrs Lynda Leinasars
Mr Adam Duplock
Ms Christina Rebello
Mr Justin Page
Mrs Fay Leggatt
Mrs Kay Bailey
Mr Peter Fordham
Mrs Virginia Barnett
Mrs Joanne Baines
Mr David Palfreyman
Mr Calvin Leighton
Mrs Claire Adshead
Mr Andrew Watt
Mr Bradley Scott

Honorary Life Members

Mr Peter Ryan (dec.)
Mr Vic Nolan (posthumous)

Southern Districts Patron

Mrs Betty Allsopp

Program 1

	BOYS									
	U7	**U8**	**U9**	**U10**	**U11**	**U12**	**U13**	**U14**	**U15**	**U16-U18**
1	70m	70m	100m	100m	100m	60m	100m	100m	100m	100m
2						200m				
3							400m	400m	400m	400m
4	300m	300m		800m	800m	800m				
5							1500mW	1500mW	1500mW	1500mW
6			Shotput		Shotput	Shotput				
7		Discus					Discus	Discus		
8	Vortex			Turbo Jav					Javelin	Javelin
9	Long Jump		Long Jump		Long Jump	Long Jump	Triple Jump			
10				High Jump				High Jump	High Jump	High Jump

	GIRLS									
	U7	**U8**	**U9**	**U10**	**U11**	**U12**	**U13**	**U14**	**U15**	**U16-U18**
1	70m	70m	100m	100m	100m	60m	100m	100m	100m	100m
2					200m	200m				
3							400m	400m	400m	400m
4	300m	300m		800m	800m	800m				
5							1500mW	1500mW	1500mW	1500mW
6			Shotput				Shotput	Shotput		
7		Discus			Discus	Discus				Discus
8	Vortex			Turbo Jav					Javelin	
9	Long Jump		Long Jump			Triple Jump	Long Jump	Long Jump		Triple Jump
10				High Jump					High Jump	

Program 2

BOYS										
	U7	**U8**	**U9**	**U10**	**U11**	**U12**	**U13**	**U14**	**U15**	**U16-U18**
1	60mH	60mH	60mH	60mH	60mH	80mH	80mH	80mH	90mH	100mH/110mH
2		200m		200m				200m	200m	200m
3					400m					
4			500m			1500m	1500m	1500m	1500m	1500m
5		Shot put							Shot put	Shot put
6	Discus			Discus						
7			Turbo Jav		Turbo Jav	Javelin	Javelin	Javelin		
8	Long jump			Long jump				Triple Jump	Long jump	Long jump
9					High Jump	High Jump	High Jump			

GIRLS										
	U7	**U8**	**U9**	**U10**	**U11**	**U12**	**U13**	**U14**	**U15**	**U16-U18**
1	60mH	60mH	60mH	60mH	60mH	80mH	80mH	80mH	80mH	90mH/100mH
2		200m		200m				200m	200m	200m
3					400m					
4			500m			1500m	1500m	1500m	1500m	1500m
5		Shot put			Shot put	Shot put				
6	Discus			Discus			Discus	Discus	Discus	
7			Turbo Jav							Javelin
8	Long jump			Long jump	Long jump	Long jump	Triple Jump	Triple Jump	Triple Jump	
9										High Jump

Program 3

BOYS										
	U7	**U8**	**U9**	**U10**	**U11**	**U12**	**U13**	**U14**	**U15**	**U16-U18**
1	70m	70m	70m	70m	70m		60m	60m	60m	60m
2	100m	100m				100m				
3			200m		200m		200m	200mH	200mH	300mH
4				400m		400m				
5							800m	800m	800m	800m
6				700mW	1100mW	1100mW				
7	Shot put			Shot put			Shot put	Shot put		
8			Discus		Discus	Discus			Discus	Discus
9		Vortex								
10		Long Jump				Triple Jump	Long Jump	Long Jump	Triple Jump	Triple Jump
11			High Jump							

GIRLS										
	U7	**U8**	**U9**	**U10**	**U11**	**U12**	**U13**	**U14**	**U15**	**U16-U18**
1	70m	70m	70m	70m	70m		60m	60m	60m	60m
2	100m	100m				100m				
3			200m				200m	200mH	200mH	300mH
4				400m		400m				
5							800m	800m	800m	800m
6				700mW	1100mW	1100mW				
7	Shot put			Shot put					Shot put	Shot put
8			Discus							
9		Vortex			Turbo Jav	Javelin	Javelin	Javelin		
10		Long Jump							Long Jump	Long Jump
11			High Jump		High Jump	High Jump	High Jump	High Jump		

CHAMPIONSHIPS DAY 1

BOYS											
	U/7	**U/8**	**U/9**	**U/10**	**U/11**	**U/12**	**U/13**	**U/14**	**U/15**	**U/16**	**U/17-18**
1	70m	70m	70m	70m	70m	60m		200mH	200mH	300mH	300mH
2	100m	100m	100m	100m	100m	100m	100m	100m	100m	100m	100m
3				400m	400m	400m	400m	400m	400m	400m	400m
4						1500m	1500m	1500m	1500m	1500m	1500m
6	Shot Put	Shot Put	Shot Put	Shot Put	Shot Put	Shot Put	Shot Put	Shot Put	Shot Put	Shot Put	Shot Put
7	Long J	Long J	Long J	Long J	Long J	Long J	Long J	Long J	Long J	Long J	Long J
8			* High J	* High J	* High J	High J	High J	High J	High J	High J	High J
***Scissor Kick Only**											

GIRLS											
	U/7	**U/8**	**U/9**	**U/10**	**U/11**	**U/12**	**U/13**	**U/14**	**U/15**	**U/16**	**U/17-18**
1	60mH	60mH	60mH	60mH	60mH	80mH	60m	60m	60m	60m	60m
2		200m	200m	200m	200m	200m	80mH	80mH	80mH	90mH	100mH
3		300m	500m	800m	800m	800m	200m	200m	200m	200m	200m
4				700mW	1100mW	1100mW	800m	800m	800m	800m	800m
5	Discus	Discus	Discus	Discus	Discus	Discus	1500mW	1500mW	1500mW	1500mW	1500mW
6	Vortex	Vortex	T Jav	T Jav	T Jav	Javelin	Discus	Discus	Discus	Discus	Discus
7						Triple J	Javelin	Javelin	Javelin	Javelin	Javelin
							Triple J	Triple J	Triple J	Triple J	Triple J
***Scissor Kick Only**											

CHAMPIONSHIPS DAY 2

BOYS											
	U/7	**U/8**	**U/9**	**U/10**	**U/11**	**U/12**	**U/13**	**U/14**	**U/15**	**U/16**	**U/17-18**
1	60mH	60mH	60mH	60mH	60mH	80mH	60m	60m	60m	60m	60m
2		200m	200m	200m	200m	200m	80mH	80mH	90mH	100mH	110mH
3		300m	500m	800m	800m	800m	200m	200m	200m	200m	200m
4				700mW	1100mW	1100mW	800m	800m	800m	800m	800m
5	Discus	Discus	Discus	Discus	Discus	Discus	1500mW	1500mW	1500mW	1500mW	1500mW
6	Vortex	Vortex	T Jav	T Jav	T Jav	Javelin	Discus	Discus	Discus	Discus	Discus
7						Triple J	Javelin	Javelin	Javelin	Javelin	Javelin
8							Triple J	Triple J	Triple J	Triple J	Triple J
***Scissor Kick Only**											

GIRLS											
	U/7	**U/8**	**U/9**	**U/10**	**U/11**	**U/12**	**U/13**	**U/14**	**U/15**	**U/16**	**U/17-18**
1	70m	70m	70m	70m	70m	60m		200mH	200mH	300mH	300mH
2	100m	100m	100m	100m	100m	100m	100m	100m	100m	100m	100m
3				400m	400m	400m	400m	400m	400m	400m	400m
4						1500m	1500m	1500m	1500m	1500m	1500m
6	Shot Put	Shot Put	Shot Put	Shot Put	Shot Put	Shot Put	Shot Put	Shot Put	Shot Put	Shot Put	Shot Put
7	Long J	Long J	Long J	Long J	Long J	Long J	Long J	Long J	Long J	Long J	Long J
8			* High J	* High J	* High J	High J	High J	High J	High J	High J	High J
***Scissor Kick Only**											

TRACK LAYOUT



TECHNICAL SPECIFICATIONS

Little Athlete - Specifications

	Under 7 (2021)		Under 8 (2020)		Under 9 (2019)		Under 10 (2018)		Under 11 (2017)		Under 12 (2016)	
	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS
70m	x	x	x	x	x	x	x	x	x	x		
100m	x	x	x	x	x	x	x	x	x	x	x	x
200m			x	x	x	x	x	x	x	x	x	x
300m	x	x	x	x								
400m							x	x	x	x	x	x
500m					x	x						
800m							x	x	x	x	x	x
1500m											x	x
Sprint Hurdles	*1	*1	*2	*2	60m	60m	60m	60m	60m	60m	80m	80m
Long Hurdles												
Race Walk							700m	700m	1100m	1100m	1100m	1100m
Long Jump	x	x	x	x	x	x	x	x	x	x	x	x
Triple Jump											x	x
High Jump					*3	*3	*3	*3	*3	*3	x	x
Shot Put	1kg	1kg	1kg	1kg	1.5kg	1.5kg	2kg	2kg	2kg	2kg	2kg	2kg
Discus	350g	350g	350g	350g	500g	500g	500g	500g	500g	500g	500g	500g
Javelin	Vortex	Vortex	Vortex	Vortex	Turbo	Turbo	Turbo	Turbo	Turbo	Turbo	400g	400g

*1 – 60m mini-Hurdles, max height 200mm. *2 – 60m mini-Hurdles, max height 300mm. *3 – Scissor style onto scissor mat ONLY (150mm-300mm high).

2026-27 Athletics West Summer Season

Junior Athlete - Track Specifications

		Under 13 (2015)		Under 14 (2014)		Under 15 (2013)		Under 16 (2012)		Under 17 (2011)		Under 18 (2010)	
		GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS
Sprint Hurdles	Little Athletics WA Program	80m (68cm/9)	80m (68cm/9)	80m (76cm/9)	80m (76cm/9)	80m (76cm/9)	90m (76cm/9)	90m (76cm/9)	100m (76cm/10)	100m (76cm/10)	110m (76cm/10)	100m (76cm/10)	110m (76cm/10)
	Strive Program	80m (76cm/9)	90m (76cm/9)	80m (76cm/9)	90m (76cm/9)	90m (76cm/10)	100m (83cm/10)	90m (76cm/10)	100m (83cm/10)	100m (76cm/10)	110m (91cm/10)	100m (76cm/10)	110m (91cm/10)
	JNR Champs	80m (68cm/9)	80m (68cm/9)	80m (76cm/9)	90m (76cm/9)	90m (76cm/10)	100m (83cm/10)	90m (76cm/10)	100m (83cm/10)	100m (76cm/10)	110m (91cm/10)	100m (76cm/10)	110m (91cm/10)
Long Hurdles	Little Athletics WA Program			200m (68cm/5)	200m (68cm/5)	200m (76cm/5)	200m (76cm/5)	300m (76cm/7)	300m (76cm/7)	300m (76cm/7)	300m (76cm/7)	300m (76cm/7)	300m (76cm/7)
	Strive Program					200m (76cm/10)	200m (76cm/10)	200m (76cm/10)	200m (76cm/10)	400m (76cm/10)	400m (83cm/10)	400m (76cm/10)	400m (83cm/10)
	JNR Champs			200m (68cm/5)	200m (68cm/5)	200m (76cm/10)	200m (76cm/10)	200m (76cm/10)	200m (76cm/10)	400m (76cm/10)	400m (83cm/10)	400m (76cm/10)	400m (83cm/10)
Race Walk	Little Athletics WA Program	1500m	1500m	1500m	1500m	1500m	1500m	1500m	1500m	1500m	1500m	1500m	1500m
	Strive Program			3000m	3000m	3000m	3000m	3000m	3000m	5000m	5000m	5000m	5000m
	JNR Champs	1500m	1500m	3000m	3000m	3000m	3000m	3000m	3000m	5000m	5000m	5000m	5000m

2026-27 Athletics West Summer Season

Junior Athlete - Field Specifications

		Under 13 (2015)		Under 14 (2014)		Under 15 (2013)		Under 16 (2012)		Under 17 (2011)		Under 18 (2010)	
		GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS	BOYS
Long Jump	All Events	x	x	x	x	x	x	x	x	x	x	x	x
Triple Jump	All Events	x	x	x	x	x	x	x	x	x	x	x	x
High Jump	All Events	x	x	x	x	x	x	x	x	x	x	x	x
Pole Vault	All Events			x	x	x	x	x	x	x	x	x	x
Shot Put	Little Athletics WA Program	2kg or 3kg	2kg or 3kg	3kg	3kg	3kg	4kg	3kg	4kg	3kg	5kg	3kg	5kg
	JNR Champs & Strive	2kg	2kg	3kg	3kg	3kg	4kg	3kg	4kg	3kg	5kg	3kg	5kg
Discus	All Events	750g	750g	1kg	1kg	1kg	1kg	1kg	1kg	1kg	1.5kg	1kg	1.5kg
Hammer Throw	All Events			3kg	3kg	3kg	4kg	3kg	4kg	3kg	5kg	3kg	5kg
Javelin	Little Athletics WA Program	400g	400g or 600g	400g	600g	500g	700g	500g	700g	500g	700g	500g	700g
	JNR Champs & Strive	400g	400g	400g	600g	500g	700g	500g	700g	500g	700g	500g	700g

Trophies Presented By Southern Districts LAC

Summer Season

BENNETT SHIELD
Awarded to a Club who has the highest overall total points.

LEWIS TROPHY
Awarded to the Club who has the highest overall points for female athletes.

HUTCHINGS TROPHY
Awarded to the Club who has the highest overall points for male athletes.

AUSTRALIA DAY TROPHY
Awarded to the Club with the highest points. A handicap system based on the results from the competition days immediately before and after the Australia Day long weekend.

LIFE MEMBERS TROPHY
Awarded to the Club with the best consistency. A handicap system using total points divided by the number of competing athletes over the season.

ALLSOPP ENDEAVOUR AWARDS
Awarded to a male and a female athlete who the Executive Committee considers to have shown courage and determination over the season.

DOIG AWARDS - ATHLETE OF THE YEAR TROPHIES
Awarded to the male and female athletes who achieve the highest cumulative points overall for the season.

VIC NOLAN TROPHY
Awarded to the male and female athletes who achieve the highest cumulative points for the season in the 800m and 1500m events.

AGE GROUP TROPHY
Awarded within age groups to the athletes with the highest points for each of track and field. If an athlete has the highest points for both track and field, he or she will receive only one (larger) trophy, but can still be called the track and field champion for that age group. Runners-up will receive a trophy. This will ensure a greater number of athletes are rewarded for their efforts as any combination of champion track and/or champion field and/or runner-up track and/or runner-up field is possible.

MOST IMPROVED TROPHY
Excludes age champion and/or runner up champion athletes. The most improved trophies are awarded within age groups to the athletes who achieve the most PBs over the season.

DOUG HANCY AWARD
This is a LITTLE ATHLETICS award given out at the State Championships to one girl and one boy in the U15-U17 age group who has been nominated by their Centre. It is a very highly sought after award and the recipients are judged to show certain standards of behaviour that reflect moral values and depth of character. The recipients are not necessarily a champion, but someone who shows sportsmanship and courage, maintains an effort, is honest, friendly and shows a willingness to help at club training and also at regular competition. SDLAC typically nominates two athletes each season.

CAIULO MEDAL
Presented to any athlete who has continuously been an active member of the Centre from the youngest competing age group through to the oldest competing age group without interruption. An active member is one who has regularly competed at events throughout the year and may be made up of any combination of both Winter and Summer Competitions. Athletes must nominate during their final season and provide proof of registration and

participation. Nominations and supporting documentation (photos, registration receipts, letter from Club President etc) can be emailed to sdlac.chairperson@gmail.com

Winter Season

OVERALL CHAMPION – CROSS COUNTRY

Awarded to the male and female athletes who achieve the highest cumulative points within SDLAC.

OVERALL CHAMPION - ROAD WALKING – TINGAY AWARD

Awarded to the athletes who achieve the highest cumulative points overall for the season.

Southern Districts Club Trophy Winners

BENNETT SHIELD (Overall)	LEWIS TROPHY (Girls)	HUTCHINGS TROPHY (Boys)
1972/73 – Cannington		
1973/74 – Cannington	1973/74 – Riverton	1973/74 – Cannington
1974/75 – Willetton	1974/75 – Willetton	1974/75 – Willetton
1975/76 – Willetton	1975/76 – Queens Park	1975/76 – Willetton
1976/77 – Riverton	1976/77 – Queens Park	1976/77 – Willetton
1977/78 – Willetton	1977/78 – Manning	1977/78 – Willetton
1978/79 – Riverton	1978/79 – Riverton	1978/79 – Riverton
1979/80 – Riverton	1979/80 – Riverton	1979/80 – Riverton
1980/81 – Riverton	1980/81 – Riverton	1980/81 – Riverton
1981/82 – Riverton	1981/82 – Riverton	1981/82 – Riverton
1982/83 – Riverton	1982/83 – Riverton	1982/83 – Riverton
1983/84 – Riverton	1983/84 – Riverton	1983/84 – Riverton
1984/85 – Riverton	1984/85 – Riverton	1984/85 – Riverton
1985/86 – Riverton	1985/86 – Riverton	1985/86 – Riverton
1986/87 – Riverton	1986/87 – Riverton	1986/87 – Riverton
1987/88 – Riverton	1987/88 – Riverton	1987/88 – Riverton
1988/89 – Riverton	1988/89 – Riverton	1988/89 – Riverton
1989/90 – Riverton	1989/90 – Riverton	1989/90 – Riverton
1990/91 – Riverton	1990/91 – Riverton	1990/91 – Riverton
1991/92 – Riverton	1991/92 – Riverton	1991/92 – Queens Park
1992/93 – Riverton	1992/93 – Riverton	1992/93 – Willetton
1993/94 – Riverton	1993/94 – Riverton	1993/94 – Willetton
1994/95 – Riverton	1994/95 – Riverton	1994/95 – Riverton
1995/96 – Riverton	1995/96 – Riverton	1995/96 – Riverton
1996/97 – Riverton	1996/97 – Riverton	1996/97 – Riverton
1997/98 – Riverton	1997/98 – Riverton	1997/98 – Riverton
1998/99 – Riverton	1998/99 – Riverton	1998/99 – Canning Vale
1999/00 – Canning Vale	1999/00 – Riverton	1999/00 – Canning Vale
2000/01 – Canning Vale	2000/01 – Canning Vale	2000/01 – Canning Vale
2001/02 – Riverton	2001/02 – Riverton	2001/02 – Canning Vale
2002/03 – Riverton	2002/03 – Riverton	2002/03 – Riverton
2003/04 – Canning Vale	2003/04 – Canning Vale	2003/04 – Canning Vale
2004/05 – Canning Vale	2004/05 – Canning Vale	2004/05 – Canning Vale
2005/06 – Canning Vale	2005/06 – Canning Vale	2005/06 – Riverton
2006/07 – Canning Vale	2006/07 – Canning Vale	2006/07 – Canning Vale
2007/08 – Willetton	2007/08 – Canning Vale	2007/08 – Willetton
2008/09 – Riverton	2008/09 – Canning Vale	2008/09 – Riverton
2009/10 – Riverton	2009/10 – Canning Vale	2009/10 – Riverton
2010/11 – Canning Vale	2010/11 – Canning Vale	2010/11 - Canning Vale
2011/12 – South Perth	2011/12 – South Perth	2011/12 – South Perth
2012/13 – South Perth	2012/13 – South Perth	2012/13 – South Perth
2013/14 – South Perth	2013/14 – South Perth	2013/14 – South Perth
2014/15 – South Perth	2014/15 – South Perth	2014/15 – South Perth
2015/16 – South Perth	2015/16 – South Perth	2015/16 – Willetton
2016/17 – South Perth	2016/17 – South Perth	2016/17 – South Perth
2017/18 – South Perth	2017/18 – South Perth	2017/18 – South Perth
2018/19 – South Perth	2018/19 – South Perth	2018/19 - South Perth
2019/20 – South Perth	2019/20 – South Perth	2019/20 – South Perth
2020/21 – Queens Park	2020/21– Ranford	2020/21– Queens Park
2021/22 – Queens Park	2021/22 – Ranford	2021/22 – Queens Park
2022/23 – Ranford	2022/23 – Ranford	2022/23 – Queens Park
2023/24 – Ranford	2023/24 – Ranford	2023/24 – Ranford

BENNETT SHIELD (Overall)	LEWIS TROPHY (Girls)	HUTCHINGS TROPHY (Boys)
2024/25 - Ranford	2024/25 – Queens Park	2024/25 – Ranford
2025/26 - Queens Park	2025/26 - Queens Park	2025/26 - Queens Park

AUSTRALIA DAY TROPHY (Club Handicap)	LIFE MEMBERS TROPHY (Club Consistency)	ALLSOPP ENDEAVOUR AWARD
1974/75 – Cannington		1994/95 – P. Harvey - QP
1975/76 – Willetton		1994/95 – M. Calanni - RB
1976/77 – Riverton		1995/96 – J. Catalano - QP
1977/78 – Willetton		1995/96 – T. Kuiper - Riv
1978/79 – Riverton		1996/97 – K. Philp - SP
1979/80 – East Vic Park		1996/97 – S. Dolphin - RB
1980/81 – Riverton		1997/98 – C. Nutter - Will
1981/82 – Riverton	1981/82 – East Vic Park	1997/98 – K. Johnson - Will
1982/83 – Queens Park	1982/83 – Willetton	1998/99 – P. Gilham - CV
1983/84 – Queens Park	1983/84 – East Vic Park	1998/99 – M. Rumenos - Riv
1984/85 – South Perth	1984/85 – Queens Park	1999/00 – J. Eales - Riv
1985/86 – South Perth	1985/86 –	1999/00 – Z. Merriden - CV
1986/87 – South Perth	1986/87 – East Vic Park	2000/01 – S. Milford - SP
1987/88 – Cannington	1987/88 – Cannington	2000/01 – T. Tefere - QP
1988/89 – East Vic Park	1988/89 – Willetton	2001/02 – F. Boswell - CV
1989/90 – East Vic Park	1989/90 – East Vic Park	2001/02 – S. Glorie - QP
1990/91 – Queens Park	1990/91 – East Vic Park	2002/03 – H. Caiulo - CV
1991/92 – Willetton	1991/92 – East Vic Park	2002/03 – T. Belotti - SP
1992/93 – Willetton	1992/93 – Redbacks	2003/04 – M. Adshead - CV
1993/94 – Queens Park	1993/94 – Willetton	2003/04 – M. Rebello - CV
1994/95 – Willetton	1994/95 – Willetton	2004/05 – C. Dawson - SP
1995/96 – Willetton	1995/96 – Willetton	2004/05 – S. Pallister - Will
1996/97 –	1996/97 – Willetton	2004/05 – A. Leinasars - QP
1997/98 – Redbacks	1997/98 – Redbacks	2005/06 – A. Griffiths - SP
1998/99 – Willetton	1998/99 – Willetton	2005/06 – J. Keeley - CJ
1999/00 – Willetton	1999/00 – Willetton	2006/07 – M. King - Riv
2000/01 – Willetton	2000/01 – Willetton	2006/07 – V. Keynes - QP
2001/02 – Curtin Juniors	2001/02 – Curtin Juniors	2007/08 – S. Gilham - CV
2002/03 – Curtin Juniors	2002/03 – Curtin Juniors	2007/08 – P. Rufus-Ashiedu - CV
2003/04 – Canning Vale	2003/04 – Curtin Juniors	2008/09 – C. McLean - Riv
2004/05 – Curtin Juniors	2004/05 – Curtin Juniors	2008/09 – A. Ryan - Riv
2005/06 – Queens Park	2005/06 – Riverton	2009/10 – R. Wong - Wil
2006/07 - Willetton	2006/07 – Como	2009/10 – T. Simpson - Ran
2007/08 – Curtin Juniors	2007/08 – Queens Park	2010/11 – J. Freestone - Wil
2008/09 – Curtin Juniors	2008/09 – Canning Vale	2010/11 – R. Jennings - Ran
2009/10 – Riverton	2009/10 – Canning Vale	2011/12 – Z. Fisher - Riv
2010/11 – Canning Vale	2010/11 – Canning Vale	2011/12 – C.Gee - SP
2011/12 – Canning Vale	2011/12 – Canning Vale	2012/13 – J. Siviour - Ran
2012/13 – Willetton	2012/13 – Willetton	2012/13 – S. Throssell - QP
2013/14 – Riverton	2013/14 – Canning Vale	2013/14 – S. Lara - CJ
		2013/14 – T. Siviour - Ran
2014/15 – Willetton	2014/15 – Canning Vale	2014/15 – M. Stubberfield - CV
		2014/15 – M. Phegley-Giura - QP
2015/16 – Canning Vale	2015/16 – Canning Vale	2015/16 – Lauren Archer - SP
		2015/16 – Jayden Moss – Riv
2016/17 – Curtin Juniors	2016/17 – Canning Vale	2016/17 – Jenny-Rose Shore –Wil Pieter Jacobsz – Ran
2017/18 – Canning Vale	2017/18 – Canning Vale	2017/18 – Ashley Siviour – Ran

		Heath Scott QP
2018/19 – South Perth	2018/19 – Ranford	2018/19 – Klara Barr – CV Bailey Scott - QP
	2019/20 - Ranford	2019/20 – Nysha Batra - QP Shia Jackson - Ran Blake Frost – QP
2020/21 – Queens Park	2020/21 - Ranford	2020/21 – Tyson Monteath - QP Layla Kenworthy - Ran
2021/22 – Ranford	2021/22 – Ranford	2021/22 – Tyreece Luke – Ranford Sienna Paterson – Riv/Will
2022/23 – South Perth	2022/23 – Ranford	2022/23 – Alexander Wu – Riv/Will Thusini Gammage - Ran
2023/24 – South Perth	2023/24 – Ranford	2023/24 – Jagger Foster – Ranford Cheyenne Mondon - Ran
2024/25 – Canning Vale	2024/25 – Ranford	2024/25 – Hunter Rebello - CV Everly Prins - Ran
2025/26 - South Perth	2025/26 - Willetton/Riverton	2025/26 – Lincoln Ingram – CV Charlotte Harvey - Ran

Centre Athlete of the Year Trophies

Season	Athlete	Club
1985/86	R. Hume	Queens Park
1985/86	G. Regan	Willetton
1986/87	R. Hume	Queens Park
1987/88	K. Stafford	Queens Park
1988/89	H. Gorey	South Perth
1989/90	T. Hume	Queens Park
1990/91	T. Hume	Queens Park
1991/92	D. Singe	Willetton
1991/92	T. Hume	Queens Park
1992/93	T. Hume	Queens Park
1993/94	T. Hume	Queens Park
1994/95	R. Sargeant	Riverton
1995/96	J. Wallace	Willetton
1996/97	J. Wallace	Willetton
1997/98	J. Wallace	Willetton
1998/99	J. Wallace	Willetton
1999/00	S. Cobby	Queens Park

In 2000/01 Season awards were introduced for Boy and Girl Athletes

Season	Boys	Club	Girls	Club
2000/01	S. Cobby	Queens Park	M. Thomas	Willetton
2001/02	C. Masten	Riverton	A. Doig	Riverton
2002/03	P. Gorecki	Riverton	A. Jacobsen	Canning Vale
2003/04	D. Duplock	Curtin Juniors	J. Sillis	Canning Vale
2004/05	D. Duplock	Curtin Juniors	C. Keeley	Curtin Juniors
2005/06	D. Duplock	Curtin Juniors	A. Doig	Willetton

Doig Awards – Athlete of the Year Trophies

In the 2007/08 season the Southern Districts Little Athletics Centre recognised the significant contribution of two life members, Kim and Murray Doig and named the Athlete of the Year Trophies in their honour. In addition, runner up trophies and 3rd – 5th placegetters were also introduced.

Season	Boys	Club	Girls	Club
2006/07	D. Duplock	Curtin Juniors	A. Doig	Willetton
2007/08	D. Duplock	Curtin Juniors	K. Leinasars	Queens Park
2008/09	C. Morton Smith	Riverton	P. Schwass	Queens Park
2009/10	N. Morton Smith	Riverton	C. Peck	Canning Vale
2010/11	N. Morton Smith	Riverton	C. Peck	Canning Vale
2011/12	G. Nikpalj	Riverton	C. Peck	Canning Vale
2012/13	C. Warner	Willetton	S. Hartree	Ranford
2013/14	J. Sanjurjo	Queens Park	G. McMahon	Curtin Juniors
2014/15	C. Warner	Willetton	G. McMahon	Curtin Juniors
2015/16	M. Noble	Queens Park	C. Shelby	South Perth
2016/17	A. Ndakirutimana	South Perth	E. Shore	Willetton
2017/18	A. Ndakirutimana	South Perth	M. Davies	South Perth
2018/19	Austin Conick	Canning Vale	Mia Leinasars	Queens Park
2019/20	Aston Archer	Queens Park	Laila O'Connor	Ranford
2020/21	Aston Archer	Queens Park	Laila O'Connor	Ranford
2021/22	Aston Archer	Queens Park	Jenelia Moodelly	Queens Park
2022/23	Rory McDermott	Queens Park	Scarlett Nunn	Ranford

2023/24	Hunter Kwietniewski-Lees	Queens Park	Marie Anqetil	Queens Park
2024/25	Hunter Kwietniewski-Lees	Queens Park	Ava Hilderbrandt	Willetton/Riverton
2025/26	Ari Prins	Ranford	Desire Adeyemi	Willetton/Riverton

Vic Nolan Awards

Season	Boys	Club	Girls	Club
2010/11	N. Aranda	Willetton	C. Peck	Canning Vale
2011/12	N. Aranda	Willetton	C. Peck	Canning Vale
2012/13	J. Jansen van Rensberg	Canning Vale	H. Stubberfield	Riverton
2013/14	J. Jansen van Rensberg	Canning Vale	C. Peck	Canning Vale
2014/15	J. Jansen van Rensberg	Canning Vale	Teya Saville	Willetton
2015/16	J. Jansen van Rensberg	Canning Vale	Hayley Jones	South Perth
2016/17	B. Dawson	Willetton	Hayley Jones	South Perth
2017/18	K. Frost	Queens Park	Emily Page	Ranford
2018/19	Oliver Perkis	South Perth	Alexandra Griffin	South Perth
2019/20	L. Mammana	South Perth	Madeleine Pink	South Perth
2020/21	Declan Somers	Ranford	Laila O'Connor	Ranford
2021/22	Aston Archer	Queens Park	Lalia O'Connor	Canning Vale
2022/23	Rory McDermott	Queens Park	Scarlett Nunn	Ranford
2023/24	Jet Barker	Willetton-Riverton	Scarlett Nunn	Ranford
2024/25	Jet Barker	Willetton - Riverton	Scarlett Nunn	Ranford
2025/26	Rory McDermott	Ranford	Scarlett Nunn	Ranford

Centre Records

Centre records (correct as of 1ST October 2026 that have been achieved by Southern Districts athletes at Little Athletics sanctioned meetings (i.e., SDLAC meetings, Zones, State and International events). It is the athlete's responsibility to notify and produce evidence to the Centre's Records and Results Manager if they want a performance recorded other than at Southern Districts recognised as a Centre Record. (*Records set at All Schools or Athletics WA meetings or at other Centre meets are NOT recognised as Centre Records).*

Season 2025/2026 record breakers:

Event	New Record	Club	Name	Date
High Jump Scissor	1.32m	Ranford	Ari Prins	1/10/2026
60m	8.83s	Willetton/Riverton	Nadia Mupunga	31/01/2026
60m	9.51s	Ranford	Naya Al-Qaq	31/01/2026
60m	8.32s	Ranford	Thusini Gamage	31/01/2026
60m	8.27s	Queens Park	Clementine Jones	6/02/2026
60m	8.8s	Queens Park	Ashleigh Girgenti	7/02/2026
60m	8.28s	Willetton/Riverton	Jet Barker	14/02/2026
60m	7.88s	Queens Park	Raiden Chang	14/02/2026
60m	8.24s	Queens Park	Hunter Kwietniewski-Lees	14/02/2026
60m	8.39s	Queens Park	Zaid Bseiso	14/02/2026
60m	7.65s	Ranford	Elliott Lee	14/02/2026

All 'Current' Records can be located on the SDLAC website, via the following link: http://sdlac.org.au/results/centre-records/

For ALL Records; Current and Historical (historical being events where there has been a weight/distance etc change), can be located by looking via your personal login on ResultsHQ. Details as follows:

https://resultshq.com.au/Login/
Enter your personal email address (the one you provided for Registration)
Enter your club password
Login
This will show you your registered athlete/s and their results
Select 'Records' tab

REGISTRATION NUMBERS

Summarised below are the number of registered athletes per season.

SEASON	TOTAL	SEASON	TOTAL
1991/92	260	1992/93	240
1993/94	264	1994/95	263
1995/96	260	1996/97	345
1997/98	344	1998/99	353
1999/00	349	2000/01	399
2001/02	370	2002/03	380
2003/04	323	2004/05	332
2005/06	368	2006/07	484
2007/08	476	2008/09	516
2009/10	496	2010/11	452
2011/12	430	2012/13	474
2013/14	434	2014/15	435
2015/16	420	2016/17	436
2017/18	377	2018/19	345
2019/20	287	2020/21	341
2021/22	369	2022/23	328
2023/24	328	2024/25	330
2025/26	327		

SDLAC Trophy Winners 2025 - 2026 Summer Competition

Under 7 Girls

Champion Track & Field	Kinaya	Udawatta	Canning Vale
Runner- Up Track	Halle	Hug	Willetton-Riverton
Runner- Up Field	Emilia	Glowacki	Willetton-Riverton
Most Improved	Mackenzie	Peterson	Canning Vale

Under 7 Boys

Champion Track & Runner Up Field	Orlando	Nunn	Ranford
Champion Field & Runner Up Track	Jack	Farmer	Willetton-Riverton
Most Improved	Long	Nguyen	Queens Park

Under 8 Girls

Champion Track and Runner- Up Field	Bianca	Rotondella	Queens Park
Runner Up Track	Elise	Hoiles	Willetton-Riverton
Champion Field	Harper	Vogels	Ranford
Most Improved	Aria	Hayes	Willetton-Riverton

Under 8 Boys

Champion Track	Nadul	Maddumage	Queens Park
Champion Field	Frederick	Sumner	South Perth
Runner Up Track	Tommy	Caparn	Queens Park
Runner Up Field	Oscar	Wood	South Perth
Most Improved	Angus	Miller	Willetton Riverton
Most Improved	Nathan	Sutter	Queens Park
Most Improved	Noah	Simon	Queens Park

Under 9 Girls

Champion Track & Runner-Up Field	Louise	Ricciardone	Ranford
Champion Field & Runner-Up Track	Grace	Wilson	Willetton-Riverton
Most Improved	Charlotte	Horley	Ranford

Under 9 Boys

Champion Field & runner Up Track	Matteo	Morgana	Canning Vale
Champion Track	William	Caparn	Queens Park
Runner Up Field	Oskar	Glowacki	Willetton-Riverton
Most Improved	Yasser	Baig	Queens Park
Most Improved	Magnus	Martin	South Perth

Under 10 Girls

Champion Track & Field	Ariya	Rashid	Queens Park
Runner Up Track & Field	Neyli	Udawatta	Canning Vale
Most Improved	Mackenzie	Waikawa	Ranford

Under 10 Boys

Champion Field	Dylan	Gamage	Ranford
Champion Track & Runner Up Field	Ezra	Mutimer	Ranford
Runner Up Track	Hunter	Rebello	Canning Vale
Most Improved	Emmett	Lee	Ranford

Under 11 Girls

Champion Track	Sophia	Morgana	Canning Vale
Runner Up Track	Heidi	Bradshaw	Willetton-Riverton
Champion Field	Shae	Edmonds	Canning Vale
Runner up Field	Bronte	Hayes	Willetton-Riverton
Most Improved	Aurora	Rotondella	Queens Park

Under 11 Boys

Champion Track & Field	Ari	Prins	Ranford
Runner Up Track	Caleb	Rochester	Ranford
Runner Up Field	Sasson	Perera	Queens Park
Most Improved	Hugo	Bell	Queens Park

Under 12 Girls

Champion Field	Lilah	Rebelo	Ranford
Champion Track & Runner Up Field	Taylah	Ingram	Canning Vale
Runner Up Track	Judith	Gilbert	South Perth
Most Improved	Laya	Manikandan	Queens Park
Most Improved	Nardos	Kiros	Queens Park

Under 12 Boys

Champion Field	Luke	Van Vuuren	South Perth
Champion Track	Josh	Ricciardone	Ranford
Runner Up Field	Bear	Harrison	Ranford
Runner Up Track	Jing	Rong Chong	Willetton-Riverton
Most Improved	Lochlan	Smyth	Ranford

Under 13 Girls

Champion Track & Runner Up Field	Savannah	Nunn	Ranford
Champion Field & Runner Up Track	Desire	Adeyemi	Willetton-Riverton
Most Improved	Georgia	Fabling	Canning Vale

Under 13 Boys

Champion Field	Jasiel	Ionascu	Queens Park
Runner Up Field	Reuben	Thieme	Queens Park
Champion Track	Christian	Modi	Queens Park
Runer Up Track	Michael	Kirby	Willetton-Riverton
Most Improved	Lucas	Johnson	Queens Park

Under 14 Girls

Champion Field	Vienna	Rebelo	Ranford
Champion Track	Elly	Tang	Ranford
Runner Up Track & Field	Ashleigh	Girgenti	Queens Park
Most Improved	Martina	Teran-Carrasco	Willetton-Riverton

Under 14 Boys

Champion Track & Field	Hunter	Kwietniewski-Lees	Queens Park
Runner Up Track & Field	Oliver	Bradshaw	Willetton-Riverton
Most Improved	Joseph	Sims	Queens Park

Under 15 Girls

Champion Track & Field	Scarlett	Nunn	Ranford
Runner Up Field	Thusini	Gamage	Ranford
Runner Up Track	Sienna	Paterson	Willetton Riverton
Most Improved	Saanvi	Bulloram	Queens Park

Under 15 Boys

Champion Field	Max	Vooght Franks	Queens Park
Runner Up Field	Jing	Ming Chong	Willetton Riverton
Champion Track	Elliott	Lee	Ranford
Runner Up Track	Rory	McDermott	Ranford
Most Improved	Hamza	Ibrahim	Queens Park

Under 16 Girls

Champion Track & Field	Charlotte	Mondon	Ranford
Runner up Field	Maddyson	Erskine	Ranford
Runner Up Track	Nadia	Mupunga	Willetton-Riverton

Under 16 Boys

Champion Track & Field	Louwin	Wainwright	South Perth
Runner Up Track	Eli	Ravi	Willetton-Riverton
Runner Up Field	Alexander	Wu	Willetton-Riverton

Under 17 Girls

Champion Track & Field	Chelsea	Natta	Ranford
Runner Up Track	Alyssah	Nunn	Ranford
Runner Up Field	Charlotte	Burgess	Ranford

Under 17 Boys

Champion Field & Runner Up Track	Jacob	Looker	Ranford
Champion Track & Runner Up Field	Thomas	Erskine	Ranford

Under 18 Girls

Champion Track & Field	Naya	Al-Qaq	Ranford

Under 18 Boys

Champion Track & Field	Jet	Barker	Willetton-Riverton
Runner Up Track 7 Field	Yassien	Ali	Queens Park
Most Improved	Jackson	Warmington	Willetton-Riverton

2025/26 State Relay Championship Medallists

Gold

Under 10 Boys	Field

Silver

Under 13 Girls	Swedish
Under 13 Girls	4x 100m

Bronze

Under 15 Girls	Field
Under 17 Boys	Field
Under 11 Girls	Field

2025/26 State Combined Championship Medallists

Gold

Under 13 Girls	Desire Adeyemi	Pentathlon

Silver

Under 14 Boys	Hunter Kwietniewski-Lees	Pentathlon

2025/26 WA State Championship Medallists

Gold

Under 13 Girls	Desire Adeyemi	Triple Jump
Under 15 Girls	Thusini Gamage	Triple Jump
Under 15 Girls	Scarlett Nunn	2000m Steeplechase
Under 13 Girls	Desire Adeyemi	80m Hurdles
Under 15 Girls	Thusini Gamage	Long Jump
Under 13 Girls	Desire Adeyemi	200m
Under 14 Girls	Thusini Gamage	Triple Jump

Silver

Under 13 Girls	Desire Adeyemi	400m
Under 13 Girls	Clementine Jones	200m
Under 14 Boys	Hunter Kwietniewski-Lees	400m
Under 14 Boys	Hunter Kwietniewski-Lees	Long Jump
Under 14 Boys	Hunter Kwietniewski-Lees	Triple Jump
Under 13 Girls	Clementine Jones	100m
Under 15 Boys	Elliott Lee	200m Hurdles

2025/26 Little Athletics WA Challenge

1st

Under 10 Boys	Dylan Gamage	High Jump Scissor

3rd

Under 11 Boys	Ari Prins	High Jump Scissor

State Championship Medallists 2026 Winter Competition

Cross Country

Silver

Under 8 Girls – 1000m	Elise Hoiles
Under 13 Girls – 3000m	Isabella O'Hare

Race Walking

Silver

Under 11 Boys – 2000m	Joel Lim
Under 13 Girls – 3000m	Savannah Nunn

Bronze

Under 11 Boys - 200m	Hugo Bell

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